

## HUMAN SEXUALITY

- Sex, sexuality, sensuality, intimacy, reproduction; intro to topic of sex and being comfortable talking about it
- Abstinence; intentionally, voluntarily not having sex
- Contraceptives; how not to make babies
- Reproduction; how to make babies
- Safer sex practices, STDs & AIDS; how to avoid getting them or giving them
- Plumbing; internal and external general design for males and females
- Bodies and self image; am I too fat/skinny/ugly/old?
- Personal Hygiene; nothing succeeds like clean
- Aging and sexuality; when does sexuality end?
- Medications and sexuality; does relief from symptoms mean I give up sex?
- Orientation and diversity (heterosexuality questionnaire)
- Masturbation; will I go blind?
- Violence and disrespect; how can I help make a culture of respect
- Love and relationships; what do I want, how do I get it?
- What's normal? Am I? Are you?
- Human development and body parts (names)
- Gender roles, relationships and stereotypes
- Sex communication
- Personal values
- "No"; saying it assertively, taking it gracefully
- How to talk w/ your doctor about sexual issues
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